

## REVISION SCHEDULE

Do's	Don't
Do Yoga & Pranayam for 10 minutes	Avoid Tea/Coffee
Eat Fresh Fruits	Avoid group discussions
Drink lots of water/coconut water	Avoid gossiping during break
Save each and every minute of the day	

## TECHNIQUE TO REVISE THE SYLLABUS

1. Put Identification mark (\*) during first revision on the topics which you feel you are forgetting.

2. Put (\*\*) double stars during second revision on the topics which you are still forgetting.

Date	Time		Timing shown is Tentative
20-03-2021	9:00 to 9:45 AM	TEST	Timing shown is tentative for 'SIGMA' Batch Test Timing is as per the Sigma Batch Test Schedule and should be adjusted accordingly
	9:45 to 10:15 AM	BREAK	
	10:15 to 1:00 PM	Self Study Time (First Revision of Evening Test)	
	1:00 to 2:00 PM	LUNCH BREAK	
	2:00 to 4:00 PM	Study Time (Second Revision)	
	4:00 to 4:15 PM	SHORT BREAK	
	5:00 to 5:45 PM	TEST	
	5:45 to 6:00 PM	SHORT BREAK	
	6:00 to 8:00 PM	Study Time (First Revision of Next day Test)	
	8:00 to 8:30 PM	DINNER	
	8:30 to 10:30 PM	Study Time (First Revision Continue)	
	10:30 to 10:45 PM	SHORT BREAK	
	10:45 to 12:00 PM	Study Time (Second Revision)	
	12:00 PM	SLEEP TIME	
21-03-2021	6:00 AM	Wake up time	
	6:00 to 6:30 AM	Do Yoga, Pranayam, Meditation	
	6:30 to 8:30 AM	STUDY TIME	
	8:30 to 9:00 AM	BREAKFAST TIME	
	9:00 to 9:45 AM	TEST	Timing shown is tentative for 'SIGMA' Batch Test Timing is as per the Sigma Batch Test Schedule and should be adjusted accordingly
	9:45 to 10:15 AM	BREAK	
	10:15 to 1:00 PM	Self Study Time (First Revision of Evening Test)	
	1:00 to 2:00 PM	LUNCH BREAK	
	2:00 to 4:00 PM	Study Time (Second Revision)	
	4:00 to 4:15 PM	SHORT BREAK	
	5:00 to 5:45 PM	TEST	

## REVISION SCHEDULE

	5:45 to 6:00 PM	SHORT BREAK	
	6:00 to 8:00 PM	Study Time (First Revision of BOTANY)	
	8:00 to 8:30 PM	DINNER	
	8:30 to 10:30 PM	Study Time (First Revision of ZOOLOGY)	
	10:30 to 10:45 PM	SHORT BREAK	
	10:45 to 12:45 PM	Study Time (Second Revision of BOTANY & ZOOLOGY)	
	12:45 PM	SLEEP TIME	
22-03-2021	6:00 AM	Wake up time	
	6:00 to 6:30 AM	Do Yoga, Pranayam, Meditation	
	6:30 to 8:30 AM	Study Time (First Revision of CHEMISTRY)	
	8:30 to 9:00 AM	BREAKFAST TIME	
	9:00 to 11:00 AM	Study Time (First Revision of PHYSICS)	
	11:00 to 11:15 AM	SHORT BREAK	
	11:15 to 12:15 PM	Study Time (Second Revision of CHEMISTRY)	
	12:15 to 1:15 PM	Study Time (Second Revision of PHYSICS)	
	1:15 to 1:45 PM	LUNCH BREAK	
	1:45 to 3:45 PM	Study Time (Third Revision of ZOOLOGY)	
	3:45 to 4:00 PM	SHORT BREAK	
	4:00 to 5:00 PM	Study Time (Third Revision of BOTANY)	
	5:00 PM	Get ready for Module Test-I	
5:00 to 8:00 PM	Test	Timing shown is tentative for 'SIGMA' Batch Test Timing is as per the Sigma Batch Test Schedule and should be adjusted accordingly	